

INDIVIDUAL QUICHE - TOMATO, FETA & DILL



Ingredients

Whole Milk, Unbleached Wheat Flour, Eggs, Vegetable Shortening, Roma Tomatoes, Water, Feta Cheese, Modified Tapioca Starch, Dill, Salt, Vinegar, Onion Powder, Black Pepper, Nutmeg.

Product Information

Code	7216
SCC	106 61823 01309 6
Pack Size	27 x 3.5 oz bulk
Pack Dimensions	4 x 10 x 13.75
Sold As	Frozen
Temperature	-18°C ± 5°C (0°F ± 9°F)
Net Weight	2.70 kg
Gross Weight	2.90 kg
Shelf Life	180 days
Lot Code	YYMMDD
Best Before	Thaw under refrigeration. After opening use up to 5 days.
Kosher/Halal	No/No

Fully cooked and frozen for easy storage, 3" diameter. Classic flaky pastry that is better than home-made with a rich egg filling using only real, natural ingredients.

All day appeal and easy to prepare for your lunch menu, coffee shop, snacks and entertaining; thaw, heat and serve.

Nutritional Information

per 90 g

		*Daily Value %
Calories	220.00	
Fat	15.00 g	22 %
Saturated	5.00 g	25 %
Trans	0.10 g	
Cholesterol	65.00 mg	
Sodium	240.00 mg	10 %
Carbohydrate	17.00 g	
Dietary Fibre	1.00 g	3 %
Sugars	2.00 g	
Protein	5.00 g	
Vitamin A		4 %
Vitamin C		0 %
Calcium		6 %
Iron		8 %

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice. The actual nutrition label on the product may vary slightly.

