

HAM & CHEESE QUICHE



A Classic French quiche in a pie crust. Perfect for breakfast, lunch, dinner, or as a satisfying snack.

Ready to heat and serve. Serve our classic quiche with a side salad, soup, fruit or on its own.

Ingredients

Filling: Eggs, Ham, Bacon, Water, Onion, Mixed Cheese, Canola Oil, Milk Powder, Oatmeal, Modified Starch, Spices, Herbs, Xanthan Gum.

Pastry: Flour, Shortening, Salt, Sugar, Citric Acid.

Product Information

Code	7122
SCC	208 42138 00019 4
Pack Size	5 x 1 kg individually wrapped
Pack Dimensions	8.5 x 8.5 x 9.6
Sold As	Frozen
Temperature	-18°C ± 5°C (0°F ± 9°F)
Net Weight	5.00 kg
Gross Weight	5.50 kg
Shelf Life	180 days
Lot Code	YYMMDD
Best Before	Thaw under refrigeration. After opening use up to 5 days.
Kosher/Halal	No/No

Nutritional Information

per 100 g

		*Daily Value %
Calories	240.00	
Fat	14.00 g	22 %
Saturated	3.00 g	19 %
Trans	0.30 g	
Cholesterol	75.00 mg	
Sodium	630.00 mg	26 %
Carbohydrate	18.00 g	
Dietary Fibre	1.00 g	4 %
Sugars	2.00 g	
Protein	10.00 g	
Vitamin A		6 %
Vitamin C		0 %
Calcium		15 %
Iron		10 %

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice. The actual nutrition label on the product may vary slightly.

